

HOUSEHOLD EMERGENCY CHECKLIST

WHAT YOU'LL NEED TO GET THRU.

BE PREPARED

Disasters can happen rapidly (e.g. Earthquakes) or slowly (e.g. Drought). Know what to do before you have to do it.

AT HOME

Develop a household emergency plan which includes:

- Where to shelter in an earthquake, flood or storm.
- Who is responsible for checking essential items in your Emergency Survival Kit.
- How to turn off gas, water and electricity at the mains.
- How to maintain contact with each other during an emergency.
- How to contact your local civil defence organisation for assistance during an emergency.

YOUR GETAWAY KIT

Everyone should have a small bag for a Getaway Kit, ready for evacuation. Most of the items are part of your Emergency Survival Kit. Other items include:

FAMILY DOCUMENTS

- Birth/marriage certificates
- Drivers' licences/passports
- Family photos
- Insurance policies

PERSONAL ITEMS

- Towels/soap, toothbrushes, sanitary items
- Hearing and mobility aids, glasses (if required)

IN AN EMERGENCY, DIAL 111

Your council Civil Defence Emergency Management contact number: _____

Other emergency phone numbers: _____

FOR MORE INFORMATION VISIT
www.getthru.govt.nz

EMERGENCY SURVIVAL KIT

If you prefer to keep your Emergency Survival Kit items in the house for everyday use, make sure you know where to find them when an emergency occurs.

FOOD AND WATER - ENOUGH FOR AT LEAST 3 DAYS

- Non-perishable food (canned or dried)
- A can opener
- A primus or gas BBQ to cook on
- Bottled drinking water (3 litres per person per day)

Check and renew the food and water every 12 months.

EMERGENCY ITEMS

- First Aid Kit and essential medicines
- Toilet paper and large rubbish bags for your emergency toilet
- Pet supplies
- Waterproof torches and spare batteries
- Radio and spare batteries
- Face and dust masks

Check the batteries every three months.

SUPPLIES FOR BABIES AND SMALL CHILDREN

- Food, formula and drink
- Change of clothing
- Favourite toy or activity

SPECIAL SUPPLIES FOR THOSE WITH DISABILITIES

- Hearing and sight aids
- Mobility aids
- Asthma and respiratory aids
- Special food needs

EMERGENCY CLOTHING

- Wind and rain proof clothing
- Sun hats
- Blankets or sleeping bags
- Strong shoes for outdoors

Put all items, especially blankets and clothing, into leak proof plastic bags.

**GET READY
GET THRU**

