

Reconnecting Seniors Calendar

June 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<ul style="list-style-type: none"> Yoga Aqua Fit Fit for Function Pickleball Digital Help Stay Strong 	<ul style="list-style-type: none"> Petanque Senior Circuit Senior Strength Pro Dance Steady As You Go Parkinson's Class Younger Onset 	<ul style="list-style-type: none"> Yoga Aqua Fit Pickleball Fit for Function Dance Legends Stay Strong Dementia Homeshare 	<ul style="list-style-type: none"> Petanque Senior Circuit Dance Legends Taurite Tu Primetimers Walking netball Seniornet Aspiring Wanderers 	<ul style="list-style-type: none"> Aqua Fit Pickleball Fit for Function Senior Strength Primetimers Music & Movement WānaKai 		<ul style="list-style-type: none"> Petanque Pickleball
<ul style="list-style-type: none"> Yoga Aqua Fit Fit for Function Pickleball Digital Help Stay Strong Coffee Connection 	<ul style="list-style-type: none"> Petanque Senior Circuit Senior Strength Pro Dance Steady As You Go Parkinson's Class Younger Onset 	<ul style="list-style-type: none"> Yoga Aqua Fit Pickleball Fit for Function Dance Legends Dementia HomeShare Stay Strong 	<ul style="list-style-type: none"> Petanque Senior Circuit Dance Legends Aspiring Wanderers Taurite Tu Walking netball 	<ul style="list-style-type: none"> Aqua Fit Pickleball Fit for Function Senior Strength Music & Movement 		<ul style="list-style-type: none"> Petanque Pickleball
<ul style="list-style-type: none"> Yoga Aqua Fit Fit for Function Stay Strong Pickleball Digital Help 	<ul style="list-style-type: none"> Petanque Parkinson's Exercise Class Senior Strength Pro Dance Steady As You Go Senior Circuit Younger Onset 	<ul style="list-style-type: none"> Yoga Aqua Fit Pickleball Fit for Function Stay Strong Dance Legends Dementia HomeShare After Hours Dementia Carer Group 	<ul style="list-style-type: none"> Petanque Dance Legends Aspiring Wanderers Taurite Tu Senior Circuit 	<ul style="list-style-type: none"> Aqua Fit Pickleball Fit for Function Hawea Dementia carer group Senior Strength WānaKai 		<ul style="list-style-type: none"> Petanque Pickleball
<ul style="list-style-type: none"> Yoga Aqua Fit Fit for Function Stay Strong Pickleball Digital Help Wanaka Dementia carer group 	<ul style="list-style-type: none"> Petanque Parkinson's Exercise Class Senior Strength Pro Dance Steady As You Go Senior Circuit Younger Onset 	<ul style="list-style-type: none"> Yoga Aqua Fit Pickleball Fit for Function Stay Strong Dance Legends Dementia HomeShare 	<ul style="list-style-type: none"> Petanque Dance Legends Dementia coffee Taurite Tu Senior Circuit Walking netball Movie Matinee 	<ul style="list-style-type: none"> Aqua Fit Pickleball Fit for Function Senior Strength 	<ul style="list-style-type: none"> Saturday Socials 	<ul style="list-style-type: none"> Petanque Pickleball
<ul style="list-style-type: none"> Yoga Aqua Fit Fit for Function Stay Strong Pickleball Age Concern Drop-in Session Digital Help 	<ul style="list-style-type: none"> Petanque Parkinson's Exercise Class Senior Strength Pro Dance Steady As You Go Senior Circuit Younger Onset 	<ul style="list-style-type: none"> Yoga Aqua Fit Pickleball Fit for Function Stay Strong Dance Legends 	<ul style="list-style-type: none"> Petanque Dance Legends Taurite Tu Senior Circuit Walking netball 	<ul style="list-style-type: none"> Aqua Fit Pickleball Fit for Function Senior Strength 		<ul style="list-style-type: none"> Petanque Pickleball

Coffee Connection

Morning tea and a chat.
All seniors welcome.

Monday, June 8th
from 10.00am

Wānaka Community
Hub
34 McDougall Street



Featured events - Times and information - June

For further information contact: 03 443 7799 or pop
in to see us at: Wānaka Community Hub,
34 McDougall Street,
www.communitylink.nz



Dementia-Mate Wareware HomeShare (for people with dementia living in the community)

Wednesdays 10am-1pm

To register contact Karin 022 535 474, hscoordinator@alzheimersotago.org.nz

Aspiring Wanderers: for people with mild to moderate dementia

Thursdays 10am-1pm

Registration Required - Contact Robyn: 027 441 4001 or wanaka@alzheimersotago.org.nz

Dementia Coffee Group (for people with dementia and their care partners)

Last Thursday of the month: 10.00 - 11.30am

Enquiries Robyn 027 441 4001 or wanaka@alzheimersotago.org.nz

Coffee Connection: seniors morning tea and casual chat

Second Monday of the Month | 10.00 - 11.30am | Wānaka Community Hub

Contact Community Link: 03 443 7799 | info@communitylink.nz

Dementia Carer Support Group (for people supporting someone with dementia)

Wānaka and Hāwea- monthly Mondays, Wednesdays and Fridays

Inquiries Robyn 027 441 4001 or wanaka@alzheimersotago.org.nz

WānaKai: Cook, connect and enjoy a shared lunch - no skills required. All Welcome!

Every second Friday | 11.30am - 2.00pm | Wānaka Community Hub

Booking essential. Contact Diana: mansondiana@gmail.com

Fit for Function: Fitness classes every Monday, Wednesday and Friday 9.45 - 10.15am at NRG

MSD Consults: for senior queries about NZ Super or disability

No onsite clinic this month please contact Community Link: 03 443 7799 | info@communitylink.nz for more information.

Yoga - Paetara Aspiring Central

Monday | Seniors yoga 9.15am -10.15am | Wednesday 9.15am - 10.15am (for the young at heart). Contact Fiona: fiona.gallagher@qldc.govt.nz

Senior Strength Class: Every Tuesday 11am-12pm and every Friday 10.30 - 11.30am at Paetara Aspiring Central.

\$15 to attend or \$12 per class if you book 10.

For enquiries contact Elaine hell@elainekellywellness.com or 022 6441452

Pro Dance for Seniors and Dance Legends 60+ - Paetara Aspiring Central

\$20 to attend. For enquiries contact Nina: nina@prodancenz.com

Steady As You Go© (SAYGo) is Age Concern Otago's peer-led exercises

Every Tuesday 1 and 2pm at St John's Rooms. Contact 03 448 7075

Digital Help

At the Wānaka Library- 3:30-5:00pm - Every Monday, drop-in.

Taurite Tu a wellness, strength, movement and balance programme, for Maori 50+ and their whanau

Wanaka Community Hub - Thursdays 10am-12- contacts: Liz 021 79 1961 or Shiralee 027 372 8228

Younger Onset Dementia HomeShare (for people under 65 years living at home)

Tuesdays 10am to 1pm

To register contact Kate 022 515 4411, kate@alzheimersotago.org.nz

Petanque: social and fun boules sport

Tuesdays, Thursdays & Sundays: 10am-12pm

Grace Wright Drive, Three Parks. Contact Mary: 021 069 0374

Pickleball, Table Tennis and Walking Netball: \$6 per class - Wānaka Rec Centre.

Pickleball is Monday, Wednesday, Friday & Sunday 9am -11am.

Table Tennis & Badminton is Tuesday 9-11am and Sunday 3-5pm.

Walking Netball is Thursday 10-11am.

PrimeTimers: Membership - \$30 per year

Meeting: First Thursday of the Month | 2.00 -3.30pm | Wānaka Presbyterian Church

Outing: To be advised - Contact Helen Millar: 021 043 1054 | ucsc.club@gmail.com

Senior Circuit: Prevention on Point - \$20 per class (ACC registered Strength and Balance class)

18 Infinity Drive.

To pre-register or inquire contact Jo on 0212983436 or hello@preventiononpoint.com

Every Tuesday 9.30am -10.30am, Every Thursday 10am -11am

Stay Strong Stand Tall (balance & strength class for over 65s)

Contact Ashley on 0220311415 or hello@synapticphysio.co.nz

Monday: 9:15am at St John's Wānaka

Wednesdays: 9:15am class at St John's Wānaka (except 12.11.25- no class)

Parkinson's Exercise Class: Tuesdays 11am-12:15pm at the Wānaka Rec Centre.

Wise Ones- A friendship and support group for those over 60 years of age.

Includes Art & Craft Group, Film Club, Card Group and, Senior Exercise Group in Lake Hāwea. Contact Colleen Carr for more information: chc.lhnz@gmail.com or 027 393 5322

SeniorNet - provides a community learning network that supports and motivates people to confidently use technology in their everyday lives

First Thursday of the month 10.00am-12.00pm at the Presbyterian Church Community Hall

Contact Jan for further details wanaka@seniornet.nz

Age Concern Drop-in Session - Wānaka Community Hub 10am-12pm

Offers seniors the opportunity to access free and confidential information.

For more information contact 03 448 7075 or

central@ageconcernotago.co.nz

Aquafit: \$5.30 to attend - Wānaka Recreation Centre

Monday | Wednesday | Friday 8.00 - 8.45 am

Saturday Socials: morning tea, bingo and home-cooked lunch -

\$5 for lunch Last Saturday of the Month | 10.30am - 1.30pm |

St John Rooms, Link Way | Contact Dell: 021 111 5940

Library Movie Matinee - Thursday 25th June

With thanks to Beamafilm. Free to attend, bookings essential, transport available.

For bookings & enquires Call Wānaka Library: 03 443 0410 or wanaka.library@qldc.govt.nz

Music & Movement for people with dementia

Fridays 10 to 11.30am

To register contact Robyn 027 441 4001, wanaka@alzheimersotago.org.nz

