TERM 4 PROGRAMMES

MONDAY 12 OCTOBER – SUNDAY 20 DECEMBER

Paetara Aspiring Central Programmes

External bookings - please contact the providers before the session

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
HATHA FLOW YOGA 8.00am – 9.00am $13.50 per session or $121.50 for 10 sessions	**THE STRENGTH SERIES** 7.00am – 7.45am $199 for the term	**HATHA FLOW YOGA** 8.00am – 9.00am $13.50 per session or $121.50 for 10 sessions	**THE STRENGTH SERIES** 7.00am – 7.45am $199 for the term	**THE FRIDAY BURN (SPIN)** 9.00am – 10.00am $15.50 per session or $139.50 for 10 sessions	**MAT PILATES** 8.00am – 8.45am $15.50 per session or $139.50 for 10 sessions
YIN YOGA 9.15am – 10.15am $13.50 per session or $121.50 for 10 sessions	**THE STRENGTH SERIES** 9.30am – 10.15am $199 for the term	**SENIOR YOGA** 9.15am – 10.15am $13.50 per session or $121.50 for 10 sessions	**THE STRENGTH SERIES** 9.30am – 10.15am $199 for the term	**STRONGER FOR LONGER** 10.30am – 11.15am $15.50 per session or $139.50 for 10 sessions	**ZUMBA** 9.15am – 10.15am $13.50 per session or $121.50 for 10 sessions
	PRO DANCE ADULTS FLOW 9.30am - 10.30am	**PRO DANCE LEGENDS 60+** 10.30am - 11.15am	**PRO DANCE** Legends 60+ - 9.30am - 10.15am Adults - 10.15am - 11.15am	**YOGA** 1.00pm – 2.00pm $13.50 per session or $121.50 for 10 sessions	
			KIDDY KICKERS 10.30am - 11.30am School Term Only $6.50 per session or $58.50 for 10 sessions	**ZUMBA** 5.30pm – 6.30pm $13.50 per session or $121.50 for 10 sessions First session 5 June	**PICKLEBALL** 1.30pm – 3.00pm $6.50 per session or $58.50 for 10 sessions
PRO DANCE ADULTS 3.45pm-4.30pm 4.30pm-5.30pm	**M!NT** 3.30pm – 5.00pm	**SAMURAI KARATE** 3.30pm - 4.30pm 4.30pm - 5.30pm 5.30pm - 6.45pm			**CLOSED** 3.00pm
			SAMURAI KARATE 3.30pm - 4.30pm 4.30pm - 6.00pm		
	TABLE TENNIS AND BADMINTON 6.00pm – 8.00pm $6.50 per session or $58.50 for 10 sessions	**PICKLEBALL** 6.00pm – 8.00pm $6.50 per session or $58.50 for 10 sessions			
PICKLEBALL WITH TAMZIN 6.00pm – 8.00pm $6.50 per session or $58.50 for 10 sessions	**LEARN TO PLAY PICKLEBALL** 6.00pm – 7.00pm $6.50 per session or $58.50 for 10 sessions	**PRO DANCE ADULT FUNK JAZZ** 7.00pm - 8.00pm			

SCAN THE QR CODE TO CONTACT EXTERNAL PROGRAMMES

Paetara Aspiring Central
QUEENSTOWN LAKES DISTRICT COUNCIL

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