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### EXPLANATION

Tōia mai ngā tāonga a ngā mātua tīpuna. Tuia i runga, tuia i raro, tuia i roto, tuia i waho, tuia te here tāngata. Ka rongo te pō, ka rongo te ao. Tuia ngā rangatahi puta noa i te motu kia pupū ake te mana Māori. Ko te kotahitanga te waka e kawe nei te oranga mō ngā whānau, mō ngā hapū, mō ngā iwi. Poipoia te rangatahi, ka puta, ka ora.

The name 'Tuia' is derived from a tauparapara (Māori proverbial saying) that is hundreds of years old. This saying recognises and explains the potential that lies within meaningful connections to: the past, present and future; to self; and to people, place and environment.

The word 'Tuia' means to weave and when people are woven together well, their collective contribution has a greater positive impact on community. We as a rangatahi (youth) leadership programme look to embody this by connecting young Māori from across Aotearoa/New Zealand connecting passions, aspirations and dreams of rangatahi to serve our communities well.

### TUIA OVERVIEW

Tuia is an intentional, long-term, intergenerational approach to develop and enhance the way in which rangatahi Māori contribute to communities throughout New Zealand. We look to build a network for rangatahi to help support them in their contribution to their communities. This is done through developing relationships between a diverse range of rangatahi throughout the country that recognises, accepts and celebrates diversity.

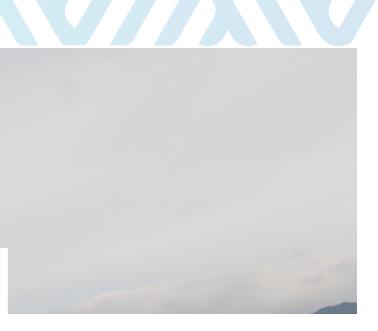
#### Three pou make up the Tuia rangatahi experience:

- 1. Mentoring
- 2. Community contribution
- 3. Wānanga

At a local level, a mayor will select a rangatahi Māori from their district who they will develop a mutually beneficial mentoring relationship with, in order to enhance their ability to contribute well to community. This will happen on a monthly basis, involving both informal meetings and participation at formal occasions. The relationship will also provide both parties with the opportunity to gain a deeper insight into inter-generational issues, cultural values and experiences.

Selected rangatahi will be expected to undertake a 100 hour community contribution project in their respective communities.

Rangatahi will also attend five wananga in different parts of the country over the year to build networks, obtain support and have exposure to a diverse range of people from across the country.



## RANGATAHI SELECTION

Who is eligible for the programme and how will they be selected?

The Mayor will select a young Māori using the following criteria.

The rangatahi selected must:

- be aged between 18-25 years old;
- be actively involved in contributing to the wellbeing of their community at some level;
- be able to commit to being involved in this part-time programme of three three-day and two four-day wānanga (leadership forums) over a period of 12 months;
- have support from others to participate in the programme (whānau/hapū/pakeke/ employers/community etc.);
- be open minded and willing to contribute to discussions and workshops; and
- be well organised and have the ability to manage their time and commitments effectively.

## SELECTION PROCESS

Each participating Mayor in partnership with their community and past rangatahi participant (where applicable) will select the candidate against the criteria outlined on the previous page. Each Mayor will determine what process they deem to be the most effective in order to identify their candidate.

#### Selection process examples are:

- Personal application (e.g. essay / presentation)
- A nomination and selection process
- A personal choice
- In consultation with community groups
- On the advice of iwi and hapū groupings
- On the advice of the council's community development advisors

#### Mayors should consider the following:

- Compatibility (shared interests)
- Gender (may be relevant)
- Connection to the community

**NB:** A Tuia Mentoring Mayoral Toolkit guide is available and will be distributed to those participating Mayors. This will include a range of strategies and experiences Mayors can use to support the development of their rangatahi.















### MAYORAL/MENTOR EXPECTATIONS

Mayors/mentors who agree to become a mentor recognise the potential this approach has to effect long-term positive change in the life of the rangatahi they are mentoring and through them, many communities around the country.

#### Mayors/mentors will be required to:

- meet with the young person at least once a month;
- relative to geographical considerations earlier bookings beneficial);
- attend a one day mentoring training opportunity (optional).



maori across our country."

Max Baxter Ōtorohanga District Mayor

### **RANGATAHI EXPECTATIONS**

Young people who agree to take part in the programme will make the most of this unique opportunity by participating in all of the planned activities and meetings.

#### The young people will commit to:

- Meet with their Mayor at least once a month;
- Attend three three-day and two four-day wananga (leadership forums) per year;
- Community contribution project(s) over a 12 month period (approx 100hrs).

involve the young person in community activities that will assist their development as a leader; financially support the young person to attend five wananga (leadership forums) per year. (Domestic transport costs only: approx. \$800 - \$3000 per year - variance in cost is largely

"The TUIA programme has not only grown leaders amongst the Rangatahi of Ōtorohanga but across all of Aotearoa. As Ōtorohanga's Mayor, my experience mentoring my Rangatahi has left me with much pride and aroha for the achievements and the positive future of young

Be involved in additional community events at the invitation of the Mayor (where practical);

# COMMUNITY CONTRIBUTION

#### **General Guidelines**

#### Hours

- The expected commitment for this is approximately 100 hours for the year, which equates to approx. two hours per week.
- There is no need to record hours of community contribution the focus is on giving to the • community rather than fulfilling a requirement.
- The hours can be made up of many small projects, one large project or a combination. •

NB: Many rangatahi are already contributing to their communities - if this is the case for your rangatahi, then those contributions would count towards those 100 hours.

#### Projects aim/nature

- There are no strict requirements for the aim or nature of the contribution activity. See next page for examples of past community contribution projects.
- The benefits of this is for rangatahi to be able to share their experience, practice new strategies, obtain peer support and demonstrate leadership skills.

#### Reporting

While not a formal requirement, some form of reflection about service activities is recommended.

EXAMPLES

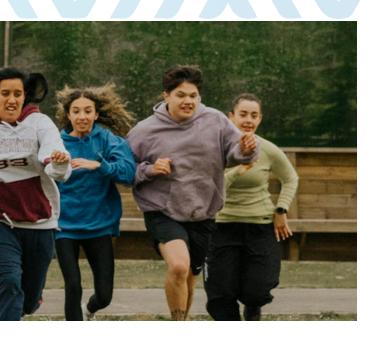
Meschka Seifritz combined her two majors, environmental and Māori studies by planning the first noho for her whānau (80+ people) in 11 years. The purpose of the four day wananga was to reconnect whanau to their marae and enhance the mauri of their whenua and the taiao. Meschka is incredibly grateful to the TUIA kaupapa for inspiring and supporting her with her whānau wānanga and planting the seeds that will contribute for generations to come. Mentored by Grant Smith Mayor Palmerston North City 2021



Rosie Poharama-Hepi and Cheyenne Laugesen co-created Kaiwhai Oraka, a kaupapa to reconnect rangatahi Māori to their marae, Te Ao Māori and people and places that would lift their visions of what is possible for them and their whānau. This year they both took a van load of rangatahi from Kaikoura to Wellington where they were hosted by other Tuia rangatahi and had the opportunity to connect with successful Māori from a wide variety of backgrounds and proffesions with shared whakapapa to these rangatahi. In Rosie's words "Our trip to Poneke was life changing".

Joel Mudford - Re-established the Māori club in his community after a 40 year absence, creating a safe place to learn Te Reo and for Māori in his community to reconnect with their culture. Mentored by Tracey Collins Mayor Tararua 2017.





#### Mentored by Craig Mackle, Mayor of Kaikoura 2021 and 2022.

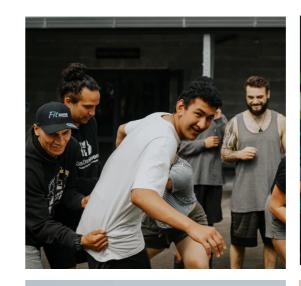


## WĀNANGA

There will be five marae-based wananga throughout the year. The wananga are an opportunity for rangatahi to connect with one another, as well as to connect with a variety of places, people and communities around Aotearoa. The wananga are structured according to an ancient tauparapara. Rangatahi will have the opportunity to explore local ancestral stories, build connections with other rangatahi, learn from subject matter experts and consider together how they can apply what the have learnt to their daily lives. There are three 3-day wananga and two 4-day wananga. The sequence is as follows:

March: Wānanga one - Tuia i Runga (Weaving above), Waikato May: Wānanga two - Tuia i Raro (Weaving below), South Island July: Wānanga three - Tuia i Roto (Weaving within), Rotorua September: Wānanga four - Tuia i Waho (Weaving without), Wellington November: Wānanga five - Tuia te Here Tangata (Weaving the threads of humanity), Auckland

With Covid-19 some wananga have been cancelled in the past, and moved online. With the best available information, any changes to wananga due to Covid-19 or other circumstances will be communicated as early as possible. Also a note, travel for rangatahi to attend wananga are expected to be covered by their sponsoring person or organisation.









## RANGATAHI STORIES



### BRONSON'S STORY

The journey that I have been on this year with Tuia has been the most rewarding experience I have had, but also at the same time, the most nerve-wracking and anxiety building thing I've done. With that being said, I would 100% recommend for rangatahi to get involved with Tuia as you will NEVER regret it!

The journey for me began with a patchy phone call with my Mayor, where I blindly said yes without fully understanding what I was signing up for and has led through to some of the best memories of my life to date. With the impact of COVID-19, each wānanga has been unique & amp; and special, and has offered some of the most rewarding opportunities to pause, reflect, and grow myself, who I am, and also those around us and what impacts everyone else.

Having not grown up with the opportunity of being immersed in my

culture like others, I felt a stranger to my heritage and fraudulent for identifying as Māori because I hardly knew anything about my whakapapa. The moment I stepped onto the marae in Otorohanga (being the first time since aged six), I immediately felt welcomed and accepted which led to the several month long journey I have been on to identify who I am and where I fit in my own world. I've connected with my whakapapa in ways that I never thought would have been possible and met so many other like minded rangatahi Māori who want to (and already are) make change in every aspect of the world that they live and operate in.

I am not the first nor the last of this Kaupapa, but I'm excited to be able to welcome you on this journey, joining the hundreds who have walked this path before you – making your own mark for those that will follow you. This Kaupapa is not about one person or one thing, but about us all and us coming together to pause, reflect, and grow.

#### Bronson M. Blackbourn

Mentored by Bryan Cadogan, Clutha District Council 2020







### HOLLI'S STORY

Tuia has brought me closer to discovering who I am, where I come from and why being Māori is my superpower. Before Tuia, I was unsure of what it truly meant to be Maori. I grew up thinking that I would never be 'Māori' enough. I wasn't brought up on the marae, I didn't speak the language, I didn't have a Māori name, I wasn't in the kapa haka group and I didn't know where I came from.

My journey with Tuia began when someone asked me about my story. After telling him, he mentioned Tuia and without really knowing what it involved, I said yes to the opportunity. Tuia has allowed me to heal, grow, accept, create lifelong friendships and made me incredibly proud to be Māori. I still remember the first wānanga at Tuia i Runga. I was the first person to arrive at the marae. I was so nervous that I didn't want to get out of my car, however this feeling soon disappeared when I was warmly welcomed by some of the Tuākana. Due to covid level restrictions, our last wānanga - Tuia i waho, was held virtually. Although we weren't able to embrace one another, the feeling of aroha and passion was still felt by all of us.

Since joining the Tuia whānau, I have gone back home to learn about my whakapapa, I have started learning our beautiful language and I will forever be thankful for this life changing kaupapa. Tuia is weaving together extraordinary people and creating a safe space to be vulnerable, supported and reconnected.

#### Holli Hughes

Mentored by Trent Hohaia, TUIA Tuakana 2021

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### TE AWHINA'S STORY

I am privileged and thankful to have been exposed to the fruits of Tuia through all my Tuakana who have previously weaved their own individually unique threads into this kaupapa as both Teina & Tuakana and this year I had the privilege of following their footsteps by interweaving my own unique thread. I was fortunate enough to join & be surrounded by the multitude of Rangatahi, of 'fruits' that have walked, are still walking, and are yet to walk their path within the Tuia kaupapa and I was able to make my own mark for those who will follow and are yet to follow.

Within my walk as a Teina, we journeyed through 5 different wananga spaces that were thoughtfully derived from an ancient Tauparapara but with a twist of modern day learnings within Te Ao Māori. At each and every wananga, our Tuakana created and maintained a safe inidgenousled space that allowed me to feel respected, protected, supported, vulnerable, reconnected and appreciated, because of this space we were all able to tightly interweave our own unique background threads collectively into one big whariki we call whānau, Each wānanga was strategically located and were filled with with many different inspiring and motivational messages, learnings and teachings that I was able to really reflect and hold onto for the rest of my life. One of the key teachings I was able to obtain and grow a deeper understanding and perspective of was 'Contribution' Before I started Tuia I thought contribution was just a materialistic gift or payment to a common fund, collection or organisation but it is more than that and it is bigger then just one person. Contributing back within Tuia has helped me develop

a greater sense of purpose in life and changed my outlook entirely. I was able to do something meaningful and I now look forward to each and every time I affect positive change and growth within all walks of life and all the people who have touched my heart. Contributing back is about building on the strengths of all the different interwoven threads that have and will untie us as one so that we can all intentionally, effectively, purposefully and transformatively contribute as a collective to have a greater impact on not only ourselves, our whānau, our hapu, our iwi, our hāpori, Te Ao Māori but also a greater impact on community connections, passions and aspirations.

We all go through some life-changing experiences at some point in our life which eventually help us become the person we are, Tuia was one of those experiences. No words in the universe can truly give my experience within Tuia, the justice it deserves, nor can it truly encapsulate the profundity of transformative, life-changing power that I constantly wish every Rangatahi could experience! Nor could I ever adequately describe or express the amount of gratitude, admiration, and respect I have for not only the intention within the kaupapa but for the journey, the memories, the laughter, the vulnerability, the cries, the highs, the lows, the lifelong friends/whānau, the safe space that nurtured us during our time together and allowed us to be vulnerable and unapologetically Maori, the tuakana that have sown, are still sewing and are yet to sew back in, and the future!

No reira 'kia mau ki tēnā, Kia mau ki te kawau maro, whanake ake whanake ake'. Te Awhina Anderson. Mentored by John Robertson, Waitomo Mayor 2020

Tōia mai ngā tāonga a ngā mātua tīpuna. Tuia i runga, tuia i raro, tuia i roto, tuia i waho, tuia te here tāngata. Ka rongo te pō, ka rongo te ao. Tuia ngā rangatahi puta noa i te motu kia pupū ake te mana Māori motuhake. Ko te kotahitanga te waka e kawe nei te oranga mō ngā whānau, mō ngā hapū, mō ngā iwi. Poipoia te rangatahi, ka puta, ka ora.

### TUIA TIMEFRAMES













#### 2022

#### November

- Selection Process initiated
- Confirmation of commitment to 2023 programme

#### 2023

#### February

- 11th of Feb Selection of rangatahi participant confirmed
- First mentoring meeting with Mayor (Can ۲ be earlier if preferred)

#### March

- Wānanga 1: Tuia i Runga (Waikato)
- Mayors mentoring training
- Second mentoring meeting / Community contribution project identified

### April

Third mentoring meeting

#### May

- Wānanga 2: Tuia i Raro (Te Waipounamu)
- Fourth mentoring meeting

NB: each Tuia wānanga is held on the first weekend of every second month from March unless otherwise communicated.

#### June

Fifth mentoring meeting

### July

- Wānanga 3: Tuia i Roto (Waiariki/Bay of Plenty)
- Sixth mentoring meeting

### August

Seventh mentoring meeting

### September

- Wānanga 4: Tuia i Waho (Wellington)
- Eighth mentoring meeting

### October

Ninth mentoring meeting

### November

- Wānanga 5: Tuia Te Here Tangata
- Tenth mentoring meeting

#### December

- Final mentoring meeting for 2023
- Begin selection process for 2024



## Key Contacts

North Island Mentoring Support Te Rehia Lake Perez terehia@tuiateheretangata.nz 022 452 5150

South Island Mentoring Support Tihou Messenger-Weepu tihou@tuiateheretangata.nz 022 684 8363 Registrations / Logistics Kararaina Pahuru info@tukaha.com 021 827 801

Wānanga Coordinator Rawiri Tapiata rawiri@tuiateheretangata.nz 022 301 7799

## PARTICIPATING COUNCILS, IWI & ORGANISATIONS

Ashburton, Auckland, Buller, Carterton, Central Hawkes Bay, Central Otago, Christchurch, Clutha, Dunedin, Far North, Gisborne, Gore, Grey, Hamilton, Hastings, Hauraki, Horowhenua, Hurunui, Hutt City, Kaikoura, Kaipara, Kapiti, Kawerau, Marlborough, Masterton, Matamata-Piako, Napier, Nelson, New Plymouth, Opotiki, Otorohanga, Palmerston North, Porirua, Queenstown-Lakes, Rangitikei, Rotorua, Ruapehu, Selwyn, South Taranaki, South Waikato, South Wairarapa, Southland, Tararua, Tasman, Taupo, Tauranga, Timaru, Waimakariri, Waipa, Wairoa, Waitaki, Waitomo, Wellington, Western Bay of Plenty, Westland, Whakatane, Whanganui and Whangarei.

Ngāti Ruanui, Ngāti Whātua, Te Whānau-a-Apanui, Ngāti Rehua, Waikato, BGI, Te Ora Hou, St John, Vodafone, Auckland's local boards - Papatoetoe/Otara, Mangere/Otahuhu, Manurewa, Franklin and Papakura local, Horizons regional council, Waikato regional council, Tuikura, Tuia te Tai Poutini, Te Tukaha Kapiti Kura, Te Hekeka, Atearangi, Ngāti Kahungunu, Taputeranga Marae.

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